



Bonnie Yost, PT
PO Box 2820
Elizabeth, Colorado, 80107-2820
USA
☎ 303-646-4776
📠 303-646-4719

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Be Your Best Total Healing FEE SCHEDULE: Effective 01/01/2018

Care by Bonnie Yost, PT, Founder = \$50.00 for 15 min. or portion thereof or \$200.00/hour (or **package discount**) which could include:

1. **One-to-One Life Skills** mentoring, training, processing, using powerful BYB tools, books and resources
2. **Physical Therapy** treatment and training (bills can be prepared for you to send to your insurance company)
3. **BYB Body Awareness**—the body remembers and expresses wounds and beliefs of mind, emotions, and spirit—all of which can be healed. Connect heart, mind, spirit, and learn to listen to your body for improved health, rest, joy, and function!

No insurance will be billed – private pay only at time of services – VISA, Discover, MasterCard, cash and checks accepted

- 30 minutes = \$100
- 60 minutes = \$200
- 90 minutes = \$300

Consider the package deals below also.

PACKAGE DISCOUNTS:

- Buy 4 sessions** (60 min. that could be used in 30-45-60 or 90 min. portions) and receive 1 **FREE** session of 60 min. (save \$200.⁰⁰) = **\$800.⁰⁰**

Buy 12 sessions (60 min. that could be used in 30-45-60 or 90 min. portions) and receive 3 **FREE** sessions of the same length of time

- 15 sessions** for the price of 12 = **\$2,400.⁰⁰** (\$600.⁰⁰ savings—3 **FREE** hours)
- 12 sessions** for the price of 9 = **\$1,800.⁰⁰** (\$600.⁰⁰ savings—3 **FREE** hours)

Be Your Very BEST!



BE YOUR BEST

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**BOOK: *The Heart of Healing –
Practical Steps to Heal Deep Wounds of Mind, Body and Soul***

Release Date: Early 2019

- ❑ Pre-purchase before Feb. 1, 2019 + FREE First chapter NOW + signed, personalized paperback copy when released—
Paperback retail: ~~\$17.95~~; your special discount: \$14.95
(your super-early discount is over 15% off retail)\$

GIFT CERTIFICATES available also!

Available in 60 minute or 90 minute sessions

- **Website ENROLLMENT and ANNUAL FEE = \$25.00/year** for private, secure login access and use of effective BYB tools and resources
 - Each Educational, Exploring, Equipping and Empowering **STEP** on your private login/password access is **\$10.00**, which you can work through at your own speed.
 - If you are working with an independent care-giver (counselor, pastor, certified BYB Trail Guide, etc.) you can work through the effective and time-saving resources on www.byb-healing.com at your own speed with your care-giver.
 - The website tools are easily accessed through your private login and password, keeping your work organized and available for you—day or night, wherever you are in the world.

“Sea JOY with Jesus” – Annual Treat & Retreat Conference Cruise – for BYB Total Healing Trail Guide mentors and BYBTH Pathfinder care receivers and family members! [Click Here to See EVENTS](#)

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Workshops and Presentations by Bonnie Yost, PT, Founder –
Time, Topic and Costs as arranged

- In beautiful Elizabeth, CO (half way between Colorado Springs and Denver, close to ski resorts, shopping and activities)
- At your facility – in the USA and worldwide
- Tailored to meet the needs and interests of your group – medical or lay

Questions? Contact Bonnie at Admin@BYB-Healing.com

Be Your Best Total Healing Trail Guide (care-giver mentor) Training:

- **BYB Trail Guide Training** by Bonnie Yost, PT, Founder – For details, go to <http://byb-healing.com/files/2016-BYB%20TG%20Training%20Info.pdf>
 1. Grow in effectively mentoring others in what you have experienced as a BYB Pathfinder
 2. Work from home and touch lives around the world as you watch the Lord work!
 3. Enjoy healthy “iron-on-iron” community of other Trail Guides at BYB conferences, events, and through continuing education and support
 4. Discounts for on-line continuing education training for BYBTH Trail Guides
- **“Iron on Iron” – Annual Colorado Conference** – enjoy growing together through Continuing Education and “Truth and Trust” events with fellow BYBTH Trail Guide mentors. Let the Lord refine our service in Him as we fellowship and learn together! (Cost varies depending on time and activities) – [Click Here to See EVENTS](#)

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